



















WEEK 1 MENU

W/C: 09/05 30/05 20/06 11/07

SPRING/SUMMER 2022

	HOT SPECIALS...	DAILY FAVES...	SIDES...	PACKED LUNCH...	JACKET POTATOES...	PICK A PUD!	
MONDAY	Veggie Burrito    A soft wrap filled with lightly spiced veggies and rice	Cheese and Tomato Pizza with Potato Wedges   Cheesy tomato topped pizza slice	Tomato Pasta   Fresh, homemade tomato and basil sauce with penne pasta	Green Beans and Sweetcorn	Packed Lunch See below for details	Jacket Potatoes   A choice of hot and cold fillings	Raspberry Ripple Ice Cream with Fresh Cut Fruit Slices 
TUESDAY	Allegra's BBQ Chicken Burger, Corn and Pineapple Relish with Potato Wedges BBQ chicken breast burger with zingy corn relish	Allegra's Broccoli And Cauliflower Cheese Pie with Mashed Potato  Cheesy broccoli and cauliflower with a shortcrust topping	Tomato Pasta   Fresh, homemade tomato and basil sauce with penne pasta	Peas and Broccoli	Packed Lunch See below for details	Jacket Potatoes    with salmon mayonnaise	Secret Brownie with Fresh Cut Fruit Slices 
WEDNESDAY	Roast Chicken with Roast Potatoes & Gravy Succulent roast chicken with fluffy roasties and tasty gravy	Quorn Roast with Roast Potatoes and Gravy  Delicious Quorn roast with fluffy roasties and tasty gravy	Tomato Pasta   Fresh, homemade tomato and basil sauce with penne pasta	Carrots and Cabbage	Packed Lunch See below for details	Jacket Potatoes   A choice of hot and cold fillings	Shortbread Biscuit with Fresh Cut Fruit Slices 
THURSDAY	Beef Bolognese   A classic Italian beef bolognese in a yummy tomato sauce	Quorn Hot Dog with Potato Wedges  A delicious Quorn hot dog	Tomato Pasta   Fresh, homemade tomato and basil sauce with penne pasta	Broccoli and Sweetcorn	Packed Lunch See below for details	Jacket Potatoes   A choice of hot and cold fillings	Berry & Peach Oaty Crumble with Custard  
FRIDAY	Golden Fish Fingers and Chips Crispy fish fingers with scrummy chips	Quorn Nuggets and Chips  Crispy Quorn nuggets with their fave sauce - ketchup	Tomato Pasta   Fresh, homemade tomato and basil sauce with penne pasta	Baked Beans, Carrots and Peas	Packed Lunch See below for details	Jacket Potatoes   A choice of hot and cold fillings	Chocolate and Raspberry Swirl Cake with Fresh Cut Fruit Slices 

SANDWICH BAR - AVAILABLE DAILY

OR DAILY SPECIAL
WITH VEG STICKS AND FRESH FRUIT OR BEAR YOYO OR DESSERT OF THE DAY

AVAILABLE EVERY DAY




WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT

 Vegetarian  Oily fish  Wholegrain
 Fruity!  Nutritionist's Choice

WEEK 2 MENU

W/C: 25/04 16/05 06/06 27/06
18/07

SPRING/SUMMER 2022

	HOT SPECIALS...	DAILY FAVES...	SIDES...	PACKED LUNCH...	JACKET POTATOES...	PICK A PUD!	
MONDAY	Veggie Bolognese   Yummy veggie Bolognese with pasta	Cheese and Tomato Pizza   Cheesy tomato topped pizza slice	Tomato Pasta   Fresh, homemade tomato and basil sauce with penne pasta	Carrots and Sweetcorn	Packed Lunch See below for details	Jacket Potatoes   A choice of hot and cold fillings	Flapjack with Fresh Cut Fruit Slices  
TUESDAY	Sausage and Mash with Gravy Sausage and mash with rich gravy	Vegetable Lasagne with a Garlic & Herb Bread Wedge   Delicious sheets of pasta layered with veggies and tomato sauce	Tomato Pasta   Fresh, homemade tomato and basil sauce with penne pasta	Broccoli and Peas	Packed Lunch See below for details	Jacket Potatoes   A choice of hot and cold fillings	Peach Shortbread Pudding with Custard 
WEDNESDAY	Roast Turkey with Roast Potatoes & Gravy Roast turkey with fluffy roasties and tasty gravy	Creamy Vegetable Pie with Roast Potatoes and Gravy  Creamy vegetable pie with a cheesy shortcrust topper	Tomato Pasta   Fresh, homemade tomato and basil sauce with penne pasta	Cabbage and Carrots	Packed Lunch See below for details	Jacket Potatoes   A choice of hot and cold fillings	Crunchy Chocolate Biscuit with Fresh Cut Fruit Slices 
THURSDAY	Cottage Pie  Home cooked minced beef with a crispy potato topping	Veggie Balls in Tomato Sauce with Pasta    Delicious veggie balls in a tasty tomato sauce with pasta	Tomato Pasta   Fresh, homemade tomato and basil sauce with penne pasta	Green Beans and Sweetcorn	Packed Lunch See below for details	Jacket Potatoes   A choice of hot and cold fillings	Raspberry Ripple Cake with Fresh Cut Fruit Slices 
FRIDAY	Golden Fish Fingers and Chips Crispy fish fingers with scrummy chips	Quorn Dippers with Chips  Crispy Quorn dippers with their fave sauce - ketchup	Tomato Pasta   Fresh, homemade tomato and basil sauce with penne pasta	Baked Beans, Carrots and Peas	Packed Lunch See below for details	Jacket Potatoes   A choice of hot and cold fillings	Vanilla Ice Cream with Fresh Cut Fruit Slices 

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BEAR YOYO OR DESSERT OF THE DAY

AVAILABLE EVERY DAY






WATER, SALAD, FRESHLY BAKED BREAD,
YOGHURT & FRESH FRUIT

 Vegetarian  Oily fish  Wholegrain
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WEEK 3 MENU

W/C: 02/05 23/05 13/06 04/07

SPRING/SUMMER 2022

	HOT SPECIALS...	DAILY FAVES...	SIDES...	PACKED LUNCH...	JACKET POTATOES...	PICK A PUD!	
MONDAY	<p>Macaroni Cheese </p> <p>Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce</p>	<p>Vegetarian Sausage with Mashed Potato and Gravy </p> <p>Veggie sausage and mash with rich gravy</p>	<p>Tomato Pasta  </p> <p>Fresh, homemade tomato and basil sauce with penne pasta</p>	<p>Peas and Carrots</p>	<p>Packed Lunch</p> <p>See below for details</p>	<p>Jacket Potatoes  </p> <p>A choice of hot and cold fillings</p>	<p>Oaty Biscuit with Fresh Cut Fruit Slices  </p>
TUESDAY	<p>Sweet and Sour Chicken with Rice  </p> <p>Tasty chicken in a sweet and sour sauce with a rice side</p>	<p>Allegra's Cheesy Peasy Risotto Bake </p> <p>A delicious baked cheesy, pea risotto</p>	<p>Tomato Pasta  </p> <p>Fresh, homemade tomato and basil sauce with penne pasta</p>	<p>Sweetcorn and Broccoli</p>	<p>Packed Lunch</p> <p>See below for details</p>	<p>Jacket Potatoes  </p> <p>A choice of hot and cold fillings</p>	<p>Apple and Carrot Yoghurt Muffin </p>
WEDNESDAY	<p>Tender Roast Gammon with Roast Potatoes & Gravy</p> <p>Tender roast gammon with fluffy roasties and tasty gravy</p>	<p>Quorn Roast with Roast Potatoes and Gravy </p> <p>Delicious Quorn roast with fluffy roasties and tasty gravy</p>	<p>Tomato Pasta  </p> <p>Fresh, homemade tomato and basil sauce with penne pasta</p>	<p>Carrots and Cabbage</p>	<p>Packed Lunch</p> <p>See below for details</p>	<p>Jacket Potatoes  </p> <p>A choice of hot and cold fillings</p>	<p>Strawberry Ice Cream with Fresh Cut Fruit Slices </p>
THURSDAY	<p>Beef Meatballs in Tomato Sauce with Pasta </p> <p>Delicious beef meatballs in a tasty tomato sauce with pasta</p>	<p>Veggie Lasagne served with a Bread Wedge  </p> <p>Delicious sheets of pasta layered with veggies and tomato sauce</p>	<p>Tomato Pasta  </p> <p>Fresh, homemade tomato and basil sauce with penne pasta</p>	<p>Green Beans and Sweetcorn</p>	<p>Packed Lunch</p> <p>See below for details</p>	<p>Jacket Potatoes  </p> <p>A choice of hot and cold fillings</p>	<p>Chocolate Sponge Cake with Fresh Cut Fruit Slices </p>
FRIDAY	<p>Battered Fish Fillet and Chips</p> <p>Crispy fish fillet with scrummy chips</p>	<p>Quorn Dippers with Chips </p> <p>Crispy Quorn dippers with their fave sauce - ketchup</p>	<p>Tomato Pasta  </p> <p>Fresh, homemade tomato and basil sauce with penne pasta</p>	<p>Baked Beans, Carrots and Peas</p>	<p>Packed Lunch</p> <p>See below for details</p>	<p>Jacket Potatoes  </p> <p>A choice of hot and cold fillings</p>	<p>Cheese and Biscuits with Fresh Cut Fruit Slices </p>

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