

## Every PE lesson should include.

- **Prior Learning-** (at the beginning of each unit) Complete a core tasks- sort children into differentiated groups.
- **WAGOLL-** show a video clip of the skill you are teaching today- passing, interception.
- **Share the LO-** What will the children be learning today? Why is this important? How are the children going to achieve the LO.
- **Warm up-** which leads into the skill.
- **Teach-** skill eg chest pass, core shapes, cannon.
- **Practise-** Children have the opportunity to try out the skill- individually, pairs.  
Differentiation- STEP method
- **Apply-** children will demonstrate this skill in a different situation- game, sequence in both Gym and Dance, performance.

Throughout the lesson- 80% active, evaluate their own and other people's performances, PE vocabulary to be used throughout the lesson.